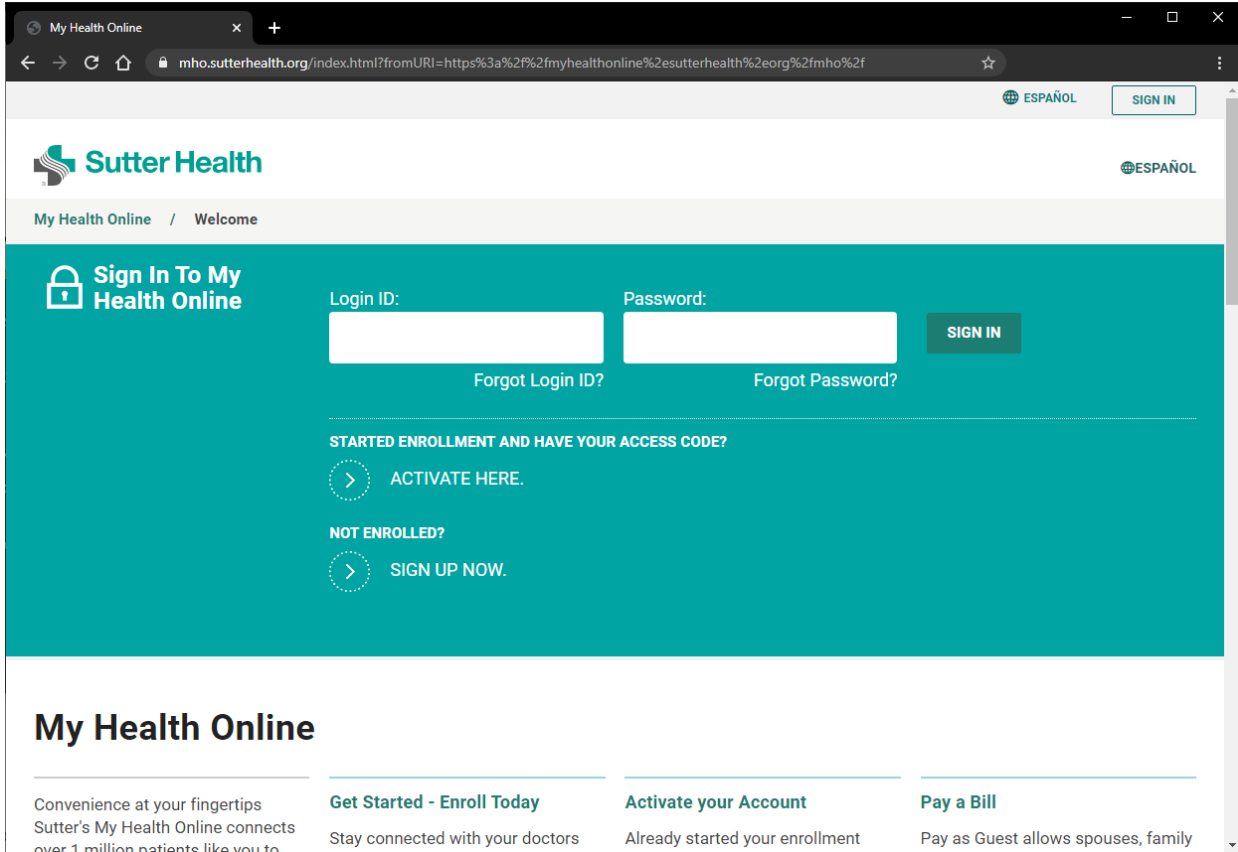
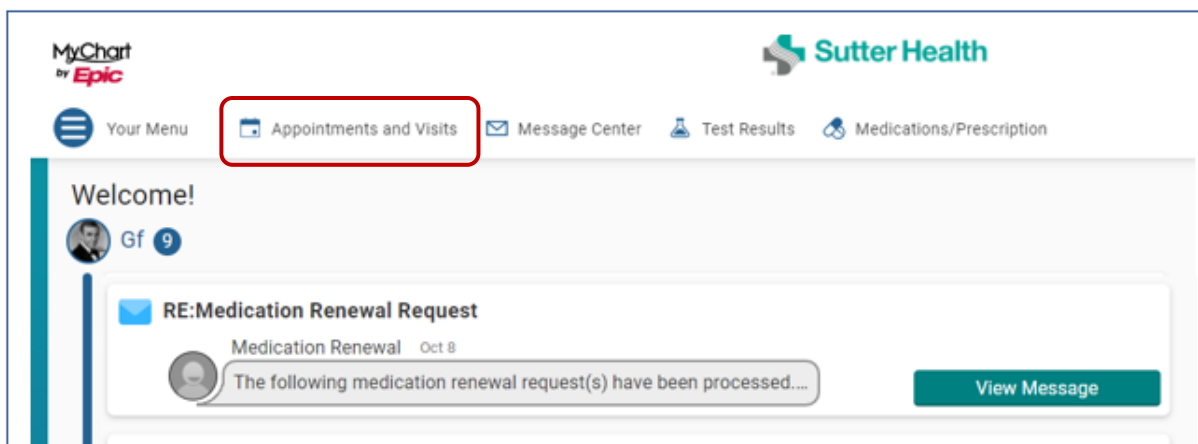


Paso 1. Inicie sesión en su cuenta de My Health Online desde el navegador web.



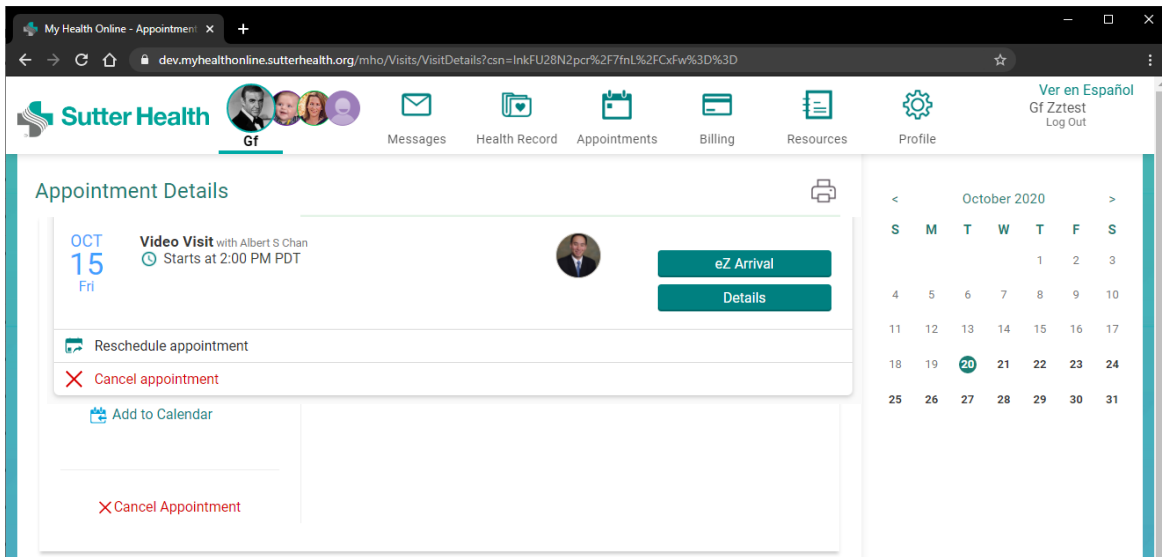
The screenshot shows the My Health Online login page. At the top, there is a navigation bar with the Sutter Health logo, the text "My Health Online / Welcome", and a "SIGN IN" button. Below this is a large teal section with the heading "Sign In To My Health Online". It contains two input fields for "Login ID:" and "Password:", followed by a "SIGN IN" button. Below the input fields are links for "Forgot Login ID?" and "Forgot Password?". Further down, there are two sections: "STARTED ENROLLMENT AND HAVE YOUR ACCESS CODE?" with a link "ACTIVATE HERE.", and "NOT ENROLLED?" with a link "SIGN UP NOW.". At the bottom, there is a section titled "My Health Online" with four columns of text: "Convenience at your fingertips", "Get Started - Enroll Today", "Activate your Account", and "Pay a Bill".

Paso 2. Seleccione "Appointments and Visits" (Citas y visitas).

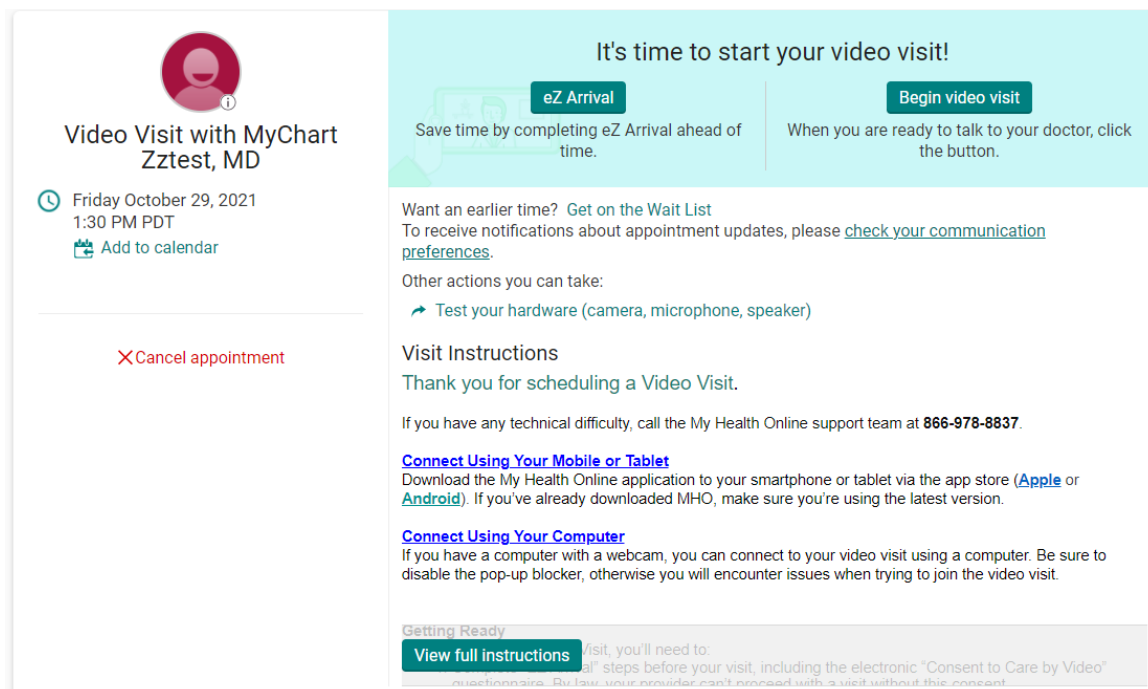


The screenshot shows the MyChart by Epic interface. At the top, there is a navigation bar with the MyChart by Epic logo, the Sutter Health logo, and a menu of options: "Your Menu", "Appointments and Visits" (highlighted with a red box), "Message Center", "Test Results", and "Medications/Prescription". Below the navigation bar is a "Welcome!" message with a user profile icon and the name "Gf". Below the welcome message is a notification card titled "RE: Medication Renewal Request" with a sub-heading "Medication Renewal Oct 8" and a message "The following medication renewal request(s) have been processed...". A "View Message" button is located at the bottom right of the notification card.

Paso 3. Para ahorrar tiempo, realice el registro en AZ Arrival antes de su cita. Si no utilizó EZ Arrival, haga clic en "Details" (Detalles) 15 minutos antes de su visita.



Paso 4. Se mostrarán los detalles de la visita por video. Si desea asegurarse de que su computadora personal está configurada correctamente para las visitas por video, puede hacer clic en "Test your hardware (camera, microphone, speaker)" [Probar su hardware (cámara, micrófono y parlantes)]. Cuando esté listo, haga clic en "Begin Video Visit" (Comenzar visita por video).




Paso 5. Si se le solicita, permita que su navegador acceda a la cámara y el micrófono de su dispositivo. Se realizará automáticamente una prueba de hardware y se le mostrarán los resultados. Si su hardware está configurado correctamente, verá esta pantalla; de lo contrario, se le pedirá que corrija los problemas. Para iniciar la visita por video, haga clic en “Join Call” (Unirse a la llamada).

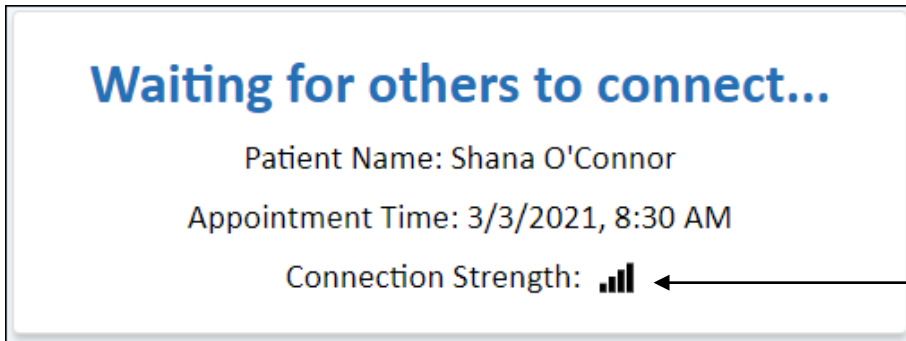
Hardware test: success

You're ready for your video call.

<input checked="" type="checkbox"/> Camera	<input checked="" type="checkbox"/> ON
Integrated Camera (04f2:b52c)	
<input checked="" type="checkbox"/> Microphone	<input checked="" type="checkbox"/> ON
Microphone Array (Realtek High Definition Audio)	
<input checked="" type="checkbox"/> Speaker	
Speaker/HP (Realtek High Definition Audio)	
Display Name	
<input type="text" value="Shana O'Connor"/>	



Paso 6. Si el proveedor todavía no se ha unido a la llamada, el paciente verá este mensaje:



Nota: Aquí se mostrará la intensidad de la señal para su video.

¡Ya está todo listo! Una vez que el proveedor esté listo para la visita, se conectará la llamada.

